

Vegetarian Sample Menu

Enjoy a Variety of Delicious and Balanced Meals!

Example menu of meals that may be provided throughout the month, in no particular order:

Lunch Options:

- **Potato & Cheddar Soup**
- **Black Bean Enchilada Casserole**
- **Lentil Soup**
- **3 Bean Chili**
- **Vegetable Lasagna**
- **Broccoli Cheddar Soup**
- **Wild Rice Soup**
- **Mushroom Stroganoff**
- **Vegetable Quiche**
- **Eggplant Parmesan**
- **Lentil Bolognese**
- **Minestrone Soup**
- **Sweet Potato Chili**
- **Mushroom Pasta with Rosemary Chickpeas**
- **Spanish Rice with Tofu**
- **Chickpea Vegetable Soup**
- **Cabbage Parmesan**
- **Tomato Risotto**
- **Enchilada Spinach & Cheese Casserole**

All entrees served with milk, fruit, whole grain, and vegetable

Menu subject to change without notice